

Namaste! Good Afternoon!

The human being: such a fascinating thing. It acts like any other animal, like any other living organism in this world. It breeds, it mates, it fights, it becomes jealous, it becomes angry, it becomes sad, and above all else, it can have infinite amounts of happiness. But a human, even with all of these animalistic qualities can do something the rest of the animals cannot do. A human can think. That seemingly simple ability created by an extremely complex brain structure makes a human ever so neurologically and mentally different from an animal. The ability to think is something that we often take for granted. At any given time, a person can tell himself to do or think a certain thing. But, if he doesn't tell himself to think in a certain way, the animal qualities within him will automatically arise. He will start to become emotional. I am not saying a person should or should not have these emotions. But, when these emotions emerge, a person is unable to control his mind. Yet, it is his mind to control. If an individual is able to focus on his own thoughts and is able to control every single one that enters his mind, then he will have attained peace.

As you venture out into this world seeking happiness, joy, and bliss, remember that peace is always present where you want it to be. Even if you become a soldier battling in a war, you can still find peace. The only obstacle to this peace is within you: your mind. You must use your mind to control your mind. It is a paradox that has baffled and intrigued humans ever since they first set foot onto the plane of higher Consciousness.

Even if you still think happiness through pleasure is the only way to everlasting joy, always think about the value of every experience you have. Every conversation you have with someone else has an impact on your life and the lives of the people around you. Then it's all well worth it to think about the experience as much as you can. Think about what emotions your feeling, and try to ask yourself why you're getting those emotions. Try to control them with all of your might, and I promise all of you that you will find ultimate, eternal peace. Let this advice live on with you until your ending days, when you will perhaps attain true endless bliss.

You all have great lives ahead of you. Life can be as fulfilling as you want it to be. It all depends on whether or not you control your mind and make it what you want it to be. It depends on your perception of your life's events. It is your choice. Live long with bounteous lives and prosper with peace, all of you.

And one last thing. Always remember this. Before you are an American, before you are an amazing Bayside High School graduate, before you are white, black, Christian, Muslim, Hindu, Jewish, Democrat, Republican, Moderate, before you are any of these classifications, remember that you are and will always be a human, a living, breathing source of consciousness with the ability to control your mind, such that you can comprehend the entire universe just by truly, and completely comprehending and controlling yourself...

Vale! Namaste! Congratulations Class of 2013! Farewell!