



Renaissance Academy Lunch Menu 2017

STUDENT LUNCH PRICES

Full Price	\$2.75
Reduced Price	\$0.40
Free	No Charge
* Menu items are subject to change without notice.	



Click the logos above or visit www.vbschools.com for "Nutritional Values of Foods and Nutrition and Wellness Information".

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WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Choice of One Domino's Pizza Hot Dog on Bun Tuna Sub PB & J Sandwich Fresh Chef Salad and Flatbread Choice of Two Fresh Side Salad Shoestring Fries Fresh Green Beans Baked Beans</p> <p>Choice of One- Middle Choice of Two- High Chilled Applesauce Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Primo Pizza Pork Barbeque on Bun PB & J Sandwich Fresh Olive Garden-Style Salad and Garlic Bread Stick</p> <p>Choice of Two Fresh Side Salad Seasoned Spirals Fresh Corn on Cob Fresh Cole Slaw Red Gold Marinara Sauce</p> <p>Choice of One- Middle Choice of Two- High Chilled Pears Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Chicken Breast Filet on Bun PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Sidewinders Fresh Steamed Broccoli</p> <p>Choice of One- Middle Choice of Two- High Chilled Peaches</p>	<p>Choice of One Galaxy Pizza Cheeseburger on Bun Fruit & Yogurt Parfait and Roll PB & J Sandwich Fresh Chicken Caesar Salad and Flatbread Choice of Two Fresh Side Salad Crinkle Cut Potatoes Fresh Veggie Cup Green Peas</p> <p>Choice of One- Middle Choice of Two- High Fruit Crisp Chilled Pineapples Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Mama Rosa's Pizza Fish Filet w/ Cheese on Bun PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Shoestring Fries Fresh Roasted Squash Red Gold Marinara Sauce</p> <p>Choice of One- Middle Choice of Two- High Chilled Mixed Fruit Fresh Fruit or Frozen Fruit</p>
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Choice of One Domino's Pizza Chicken Breast Filet on Bun PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Shoestring Fries Fresh Broccoli Salad Green Peas</p> <p>Choice of One- Middle Choice of Two- High Chilled Pears Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Cheese-Filled Bread Sticks Tuna Sub PB & J Sandwich Fresh Olive Garden-Style Salad and Garlic Bread Stick</p> <p>Choice of Two Fresh Side Salad Seasoned Spirals Fresh Veggie Cup Red Gold Marinara Sauce</p> <p>Choice of One- Middle Choice of Two- High Chilled Pineapples Baked Apples Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Stuffed Crust Pizza Meatball Sub PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Sidewinders Fresh Steamed Broccoli/Cauliflower and Carrots Fresh Green Beans Red Gold Marinara Sauce</p> <p>Choice of One- Middle Choice of Two- High Chilled Applesauce Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Cheeseburger on Bun Nachos and Rice (Taco Meat, Cheese Cup, Chips) Fruit & Yogurt Parfait and Roll PB & J Sandwich Fresh Taco Salad Choice of Two Fresh Lettuce and Tomato Cup Crinkle Cut Potatoes Corn Refried Beans Red Gold Salsa</p> <p>Choice of One- Middle Choice of Two- High Fruited Gelatin Fresh Fruit or Frozen Fruit</p>	<p>Choice of One Primo Pizza Fish Filet w/ Cheese on Bun Hot & Spicy Chicken Nuggets and Roll PB & J Sandwich Fresh Chef Salad and Flatbread Choice of Two Fresh Side Salad Shoestring Fries Fresh Steamed Spinach Fresh Cole Slaw</p> <p>Choice of One- Middle Choice of Two- High Chilled Peaches Fresh Fruit or Frozen Fruit</p>

LUNCH MENU

How to Read This Menu:
We have a 2-week menu cycle for lunch. The calendar days below indicate which week goes with which menu cycle. Calendar dates shaded in gray indicates "No School".

DON'T GET!

To make a lunch,
choose at least one

Fruit/Juice

or

Veggie

Grains

Milk

Protein

and 3-5
items total

Fruit/Juice

Vegetables

**Local Product - Alaska Pollock processed in Newport News, VA



January					
	M	T	W	T	F
Week 1	2	3	4	5	6
Week 2	9	10	11	12	13
Week 1	16	17	18	19	20
Week 2	23	24	25	26	27
Week 1	30	31			

February					
Week 1			1	2	3
Week 2	6	7	8	9	10
Week 1	13	14	15	16	17
Week 2	20	21	22	23	24
Week 1	27	28			

March					
Week 1			1	2	3
Week 2	6	7	8	9	10
Week 1	13	14	15	16	17
Week 2	20	21	22	23	24
Week 1	27	28	29	30	31