

Virginia Beach City Public Schools Food Service Office
January 2018 Middle BREAKFAST Menu

Student Breakfast Prices: Full Price \$1.40, Reduced \$0.30, Free is no charge
 Menu items are subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <div style="text-align: center;">Last Day of Winter Break</div>	2 <u>Choice of One</u> Breakfast Chicken on Biscuit Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	3 <u>Choice of One</u> Sausage and Cheese on Croissant <u>or</u> Hadley Farms Apple Cinnamon Roll Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	4 <u>Choice of One</u> Foster Farms Pancake and Sausage on a Stick Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	5 <u>Choice of One</u> 4oz Oikos Greek Yogurt and Darlington Blueberry Lemon Crispy Bites <u>or</u> Super Bakery Banana Breakfast Bread Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit
8 <u>Choice of One</u> 4oz Oikos Greek Yogurt and Hostess Muffin Loaf <u>or</u> Rich's Donut Holes Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	9 <u>Choice of One</u> Advanced Pierre Mini Beef on a Whole Grain Bun Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	10 <u>Choice of One</u> Eggo Mini Pancakes <u>or</u> Pillsbury Apple Frudel Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	11 <u>Choice of One</u> Breakfast Chicken on Biscuit Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit	12 <u>Choice of One</u> Bake Crafters French Toast Sticks <u>or</u> Kellogg's Pop Tarts Cereal <u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit

Choice of milk served: Low fat White, Nonfat White. Nonfat Chocolate, Nonfat Strawberry

WE'RE LOOKING FOR A FEW EXTRA SETS OF HANDS

A job in your child's school cafeteria allows you to be a home when your family needs you there. Call 757-263-1101 for more information!

Revised January 19, 2018

<p>15</p> <p>Martin Luther King Day</p> <p>Schools Closed</p>	<p>16</p> <p><u>Choice of One</u> Breakfast Chicken on Biscuit Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>17</p> <p><u>Choice of One</u> Sausage and Cheese on Croissant or Hadley Farms Apple Cinnamon Roll Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>18</p> <p><u>Choice of One</u> Foster Farms Pancake and Sausage on a Stick Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>19</p> <p><u>Choice of One</u> 4oz Oikos Greek Yogurt and Darlington Blueberry Lemon Crispy Bites or Super Bakery Banana Breakfast Bread Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>
<p>22</p> <p><u>Choice of One</u> 4oz Oikos Greek Yogurt and Hostess Muffin Loaf or Rich's Donut Holes Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>23</p> <p><u>Choice of One</u> Advanced Pierre Mini Beef on a Whole Grain Bun Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>24</p> <p><u>Choice of One</u> Eggo Mini Pancakes or Pillsbury Apple Frudel Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>25</p> <p><u>Choice of One</u> Breakfast Chicken on Biscuit Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>26</p> <p><u>Choice of One</u> Bake Crafters French Toast Sticks or Kellogg's Pop Tarts Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>
<p>29</p> <p><u>Choice of One</u> Super Bakery Goody Breakfast Bun or Kellogg's Pop Tarts Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>30</p> <p><u>Choice of One</u> Breakfast Chicken on Biscuit Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>	<p>31</p> <p><u>Choice of One</u> Sausage and Cheese on Croissant or Hadley Farms Apple Cinnamon Roll Cereal</p> <p><u>Choice of Two</u> Fruit Juice Cup Fruit Fresh Fruit</p>		

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