

Virginia Beach City Public Schools Food Service Office
January 2018 Elementary Lunch Menu

Lunch Prices: Full Price \$2.85, Reduced \$0.30, Free is no charge
Menus items are subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <div style="font-size: 2em; font-weight: bold; text-align: center;">Last Day of Winter Break</div>	2 <u>Choice of One</u> Pasta w/ Meatballs and Garlic Breadstick Chicken Filet on Bun 8oz Yogurt and Breadsticks Fresh Olive Garden-Style Salad and Garlic Breadsticks <u>Choice of Two</u> Fresh Side Salad Potato Smiles Green Peas <u>Choice of One</u> Chilled Pears Fresh Fruit	3 <u>Choice of One</u> Domino's Pizza Pork Barbeque on Bun 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Roasted Baby Potatoes Fresh Corn on Cob Fresh Cole Slaw <u>Choice of One</u> <u>Choice of One</u> Chilled Applesauce Fresh Fruit	4 <u>Choice of One</u> Corn Dog Nuggets Tuna Salad on Sub Fruit and Yogurt Parfait and Roll Fresh Chicken Caesar Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Fresh Roasted Squash BBQ Baked Beans <u>Choice of One</u> Chilled Peaches Fruit Crisp Fresh Fruit	5 <u>Choice of One</u> Cheeseburger on Bun Mama Rosa's 5' Cheese Pizza Fish Filet w/ Cheese on Bun 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Baked Sidewinders Fresh Green Beans Red Gold Marinara Sauce <u>Choice of One</u> Chilled Mixed Fruit Fresh Fruit
8 <u>Choice of One</u> Chicken Filet on Bun Macaroni & Cheese and Roll 8oz Yogurt and Rolls PB & J Sandwich Fresh Chef Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Fresh Steamed California Blend Vegetables Green Peas <u>Choice of One</u> Chilled Pears Fresh Fruit	9 <u>Choice of One</u> Breakfast for Lunch (Pancakes, Eggs, Sausage) Corn Dog Nuggets 8oz Yogurt and Bread Sticks Fresh Olive Garden-Style Salad and Garlic Breadsticks <u>Choice of Two</u> Fresh Side Salad Tater Tot Potatoes Fresh Steamed Spinach Fresh Veggie Cup <u>Choice of One</u> Baked Apples Fruit Juice Fresh Fruit	10 <u>Choice of One</u> Domino's Pizza El Monterey Chicken Soft Taco Tuna Salad on Croissant 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Baked Seasoned Spirals Fresh Green Beans <u>Choice of One</u> Chilled Peaches Fresh Fruit	11 <u>Choice of One</u> Nachos (Chips, Taco Meat, Cheese Cup) Stuffed Crust Pizza Fruit and Yogurt Parfait and Roll Fresh Taco Salad <u>Choice of Two</u> Fresh Lettuce and Tomato Cup Corn Refried Beans Red Gold Salsa <u>Choice of One</u> Fruited Gelatin Fresh Fruit	12 <u>Choice of One</u> Cheese-Filled Bread Sticks Fish Filet w/ Cheese on Bun 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread <u>Choice of Two</u> Fresh Side Salad Baked Crinkle Cut Potatoes Red Gold Marinara Sauce Fresh Cole Slaw <u>Choice of One</u> Chilled Applesauce Fresh Fruit

Choice of milk served: Low fat White, Nonfat White. Nonfat Chocolate, Nonfat Strawberry

WE'RE LOOKING FOR A FEW EXTRA SETS OF HANDS

A job in your child's school cafeteria allows you to be a home when your family needs you there. Call 757-263-1101 for more information!

Revised January 17, 2018

<p>15</p> <p>Martin Luther King Day</p> <p>Schools Closed</p>	<p>16</p> <p>Choice of One Pasta w/ Meatballs and Garlic Breadstick Chicken Filet on Bun 8oz Yogurt and Breadsticks Fresh Olive Garden-Style Salad and Garlic Breadsticks</p> <p>Choice of Two Fresh Side Salad Potato Smiles Green Peas</p> <p>Choice of One Chilled Pears Fresh Fruit</p>	<p>17</p> <p>Choice of One Domino's Pizza Pork Barbeque on Bun 8ozYogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Roasted Baby Potatoes Fresh Corn on Cob Cole Slaw</p> <p>Choice of One Chilled Applesauce Fresh Fruit</p>	<p>18</p> <p>Choice of One Corn Dog Nuggets Tuna Salad on Sub Fruit and Yogurt Parfait and Roll Fresh Caesar Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Fresh Roasted Squash BBQ Baked Beans</p> <p>Choice of One Chilled Peaches Fruit Crisp Fresh Fruit</p>	<p>19</p> <p>Choice of One Cheeseburger on Bun Mama Rosa's 5' Cheese Pizza Fish Filet w/ Cheese on Bun 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Baked Sidewinders Fresh Green Beans Red Gold Marinara Sauce</p> <p>Choice of One Chilled Mixed Fruit Fresh Fruit</p>
<p>22</p> <p>Choice of One Chicken Filet on Bun Macaroni & Cheese and Roll 8oz Yogurt and Rolls PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Fresh Steamed California Blend Vegetables Green Peas</p> <p>Choice of One Chilled Pears Fresh Fruit</p>	<p>23</p> <p>Choice of One Breakfast for Lunch (Pancakes, Egg, Sausage) Corn Dog Nuggets 8oz Yogurt and Bread Sticks Fresh Olive Garden-Style Salad and Garlic Breadsticks</p> <p>Choice of Two Fresh Side Salad Tater Tot Potatoes Fresh Steamed Spinach Fresh Veggie Cup</p> <p>Choice of One Baked Apples Fruit Juice Fresh Fruit</p>	<p>24</p> <p>Choice of One Domino's Pizza El Monterey Chicken Soft Tuna Salad on Croissant 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Baked Seasoned Spirals Fresh Green Beans</p> <p>Choice of One Chilled Peaches Fresh Fruit</p>	<p>25</p> <p>Choice of One Nachos (Chicken Taco Meat, Shredded Cheese, Chips) Stuffed Crust Pizza Fruit and Yogurt Parfait and Roll Fresh Taco Salad</p> <p>Choice of Two Fresh Lettuce and Tomato Cup Corn Refried Beans Red Gold Salsa</p> <p>Choice of One Fruited Gelatin Fresh Fruit</p>	<p>26</p> <p>Choice of One Cheese-Filled Bread Sticks Fish Filet w/ Cheese on Bun 8oz Yogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Baked Crinkle Cut Potatoes Red Gold Marinara Sauce Fresh Cole Slaw</p> <p>Choice of One Chilled Applesauce Fresh Fruit</p>
<p>29</p> <p>Choice of One Primo Pizza Yang's Mandarin Orange Chicken w/ Rice and Roll 8oz Yogurt and Rolls PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Fresh Steamed Broccoli Fresh Baby Carrots</p> <p>Choice of One Chilled Pineapples Fresh Fruit</p>	<p>30</p> <p>Choice of One Pasta w/ Meatballs and Garlic Breadstick Chicken Filet on Bun 8oz Yogurt and Breadsticks Fresh Olive Garden-Style Salad and Garlic Breadsticks</p> <p>Choice of Two Fresh Side Salad Potato Smiles Green Peas</p> <p>Choice of One Chilled Pears Fresh Fruit</p>	<p>31</p> <p>Choice of One Domino's Pizza Pork Barbeque on Bun 8ozYogurt and Crunch Mania PB & J Sandwich Fresh Chef Salad and Flatbread</p> <p>Choice of Two Fresh Side Salad Roasted Baby Potatoes Fresh Corn on Cob Cole Slaw</p> <p>Choice of One Chilled Applesauce Fresh Fruit</p>		

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