

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>  | <u>Contains Peanuts</u> | <u>Contains Tree Nuts</u> | <u>Contains Milk</u> | <u>Contains Soy</u> | <u>Contains Wheat</u> | <u>Contains Eggs</u> | <u>Contains Fish</u> | <u>Contains Shellfish</u> |
|--|-------------------------|---------------------------|----------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|
| <b><u>Dairy</u></b>                                    |                         |                           |                      |                     |                       |                      |                      |                           |
| Cheese, American, RF, RS (Block & Barrel)              |                         |                           | X                    | X                   |                       |                      |                      |                           |
| Cheese, Mozzarella Provolone Blend, Shredded (Arrezzo) |                         |                           | X                    |                     |                       |                      |                      |                           |
| Cheese, Parmesan grated (Arrezzo)                      |                         |                           | X                    |                     |                       |                      |                      |                           |
| Cheese, Cheddar, Shredded, RF (Block and Barrel)       |                         |                           | X                    |                     |                       |                      |                      |                           |
| Cheese, String, Light (Land O Lakes)                   |                         |                           | X                    |                     |                       |                      |                      |                           |
| Cheese, Swiss, Sliced (Block and Barrel)               |                         |                           | X                    |                     |                       |                      |                      |                           |
| Lactaid Milk   |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Lowfat 1% (Marva Maid)                           |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Skim, Chocolate (Marva Maid)                     |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Skim, Plain (Marva Maid)                         |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Skim, Strawberry (Marva Maid)                    |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Fat Free, (Moo Mates)                            |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Fat Free, Chocolate, (Moo Mates)                 |                         |                           | X                    |                     |                       |                      |                      |                           |
| Milk, Fat Free, Strawberry, (Moo Mates)                |                         |                           | X                    |                     |                       |                      |                      |                           |
| Yogurt Cup, Creamy (Dannon)                            |                         |                           | X                    |                     |                       |                      |                      |                           |
| Yogurt Cup, (Danimals)                                 |                         |                           | X                    |                     |                       |                      |                      |                           |
| Yogurt Cup, Flavored Nonfat, 4 oz. and 8 oz (Upstate)  |                         |                           | X                    |                     |                       |                      |                      |                           |
| Yogurt, Parfait Pro, Low Fat Vanilla                   |                         |                           | X                    |                     |                       |                      |                      |                           |
| <b><u>Sauces / Dressings</u></b>                       |                         |                           |                      |                     |                       |                      |                      |                           |
| Butter, Cup (Wholesome Farms)                          |                         |                           | X                    |                     |                       |                      |                      |                           |
| Butter Buds, (Glenview Farms)                          |                         |                           | X                    |                     |                       |                      |                      |                           |
| Ketchup, RS, (Heinz)                                   |                         |                           |                      |                     |                       |                      |                      |                           |
| Chili, No Beans,(Chandler)                             |                         |                           |                      | X                   |                       |                      |                      |                           |
| Coleslaw Dressing (Sysco)                              |                         |                           |                      | X                   |                       | X                    |                      |                           |
| Dressing, Light Italian, 1.5 oz Packet (Newman's)      |                         |                           |                      | X                   |                       |                      |                      |                           |
| Dressing, Light Ranch, 1.5 oz Packet (Newman's)        |                         |                           | X                    | X                   |                       | X                    |                      |                           |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>   | <u>Contains Peanuts</u>                 | <u>Contains Tree Nuts</u>               | <u>Contains Milk</u>                    | <u>Contains Soy</u>                     | <u>Contains Wheat</u>                   | <u>Contains Eggs</u>                    | <u>Contains Fish</u> | <u>Contains Shellfish</u> |
|---|---|---|---|---|---|---|----------------------|---------------------------|
| Dressing, Jalepeno Ranch, 1.5 oz. cup (Naturally Fresh) |   |   | X                                       | X                                       |   | X                                       |                      |                           |
| Dressing, Low Calorie Italian, 12 gram packet (PPI)     |   |   |   |   |   |   |                      |                           |
| Dressing, Ranch, 12 gram packet (Marzetti)              |   |   | X                                       | X                                       |   | X                                       |                      |                           |
| Dressing, Creamy Caesar, 4/1 Gallon (Sysco)             |   |   | X                                       | X                                       |   | X                                       |                      |                           |
| Gravy, Brown (Trio)                                     |   |   | X                                       | X                                       | X                                       | *Facility processes                     |                      |                           |
| Gravy, Poultry (Trio)                                   |   |   | X                                       | X                                       | X                                       | *Made on equipment that processes eggs  |                      |                           |
| Marinara Sauce, (JTM, Sysco)                            |   |   |   | X                                       |   |   |                      |                           |
| Mayonnaise, Reduced Fat, (Ventura)                      |   |   |   | X                                       | *May Contain                            | X                                       |                      |                           |
| Mayonnaise, light, 12 g packet (Dukes)                  |   |   |   | X                                       | *May Contain                            | X                                       |                      |                           |
| Mustard   |   |   |   |   |   |   |                      |                           |
| Salsa (Red Gold)  |   |   |   |   | *May Contain                            |   |                      |                           |
| Sauce, BBQ Cannonball, (Ken's)                          |   |   |   |   |   |   |                      |                           |
| Sauce, Barbeque, 12 gm (Heinz)                          |   |   |   | X                                       |   |   |                      |                           |
| Sauce, Barbeque, 1 oz. container (Taste Pleasures)      |   |   |   |   |   |   |                      |                           |
| Sauce, Barbeque (Naturally Fresh)                       |   |   |   | X                                       |   |   |                      |                           |
| Sauce, Buffalo Wing (Sweet Baby Ray's & Texas Pete)     |   |   |   | X                                       |   |   |                      |                           |
| Sauce, Cayenne Pepper (Sweet Baby Ray's)                |   |   |   | X                                       |   |   |                      |                           |
| Sour Cream (Prairie Farms), (Daisey)                    |   |   | X                                       |   |   |   |                      |                           |
| Sunflower Seeds (Sysco)                                 | Manufactured in facility that processes | Manufactured in facility that processes | Manufactured in facility that processes | Manufactured in facility that processes | Manufactured in facility that processes | Manufactured in facility that processes |                      |                           |
| Syrup, 1.5 oz (Americana)                               |   |   |   |   |   |   |                      |                           |
| Tartar Sauce (Americana)                                |   |   |   | X                                       |   | X                                       |                      |                           |
| Teriyaki Sauce, (JTM)                                   |   |   |   | X                                       | X                                       |   |                      |                           |
| Vegetable Oil   |   |   |   | X                                       |   |   |                      |                           |
| <b>Entrees</b>  |   |   |   |   |   |   |                      |                           |
| BBQ, Pork (Brookwood Farms)                             |   |   |   | X                                       |   |   |                      |                           |
| Breadsticks, Cheese-filled (Gilardi)                    |   |   | X                                       | X                                       | X                                       |   |                      |                           |

\*Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>  | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u> | <u>Contains<br/>Soy</u> | <u>Contains<br/>Wheat</u>               | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|--|-----------------------------|-------------------------------|--------------------------|-------------------------|---|--------------------------|--------------------------|-------------------------------|
| Beef Steak Burger (Don Lee Farms)                              |                             |                               |                          |                         |   |                          |                          |                               |
| Beef Steak for Philly Sandwich (Silver Spring Farms)           |                             |                               |                          | X                       |   |                          |                          |                               |
| Breakfast for Lunch, Egg Patty (USDA, Cargill)                 |                             |                               |                          | X                       |   | X                        |                          |                               |
| Breakfast for Lunch, WW Pancake, (Aunt Jemima)                 |                             |                               | X                        | X                       | X                                       | X                        |                          |                               |
| Breakfast for Lunch, Pork Sausage Patty (Don Lee Farms, Jones) |                             |                               |                          |                         |   |                          |                          |                               |
| Burrito, Beef and Bean (El Monterey)                           |                             |                               |                          | X                       | X                                       |                          |                          |                               |
| Chicken, Asian, Cherry Blossom (Asian Food Solutions)          |                             |                               |                          |                         | X                                       | X                        |                          |                               |
| Chicken, Asian, Sriracha Honey (Asian Food Solutions)          |                             |                               |                          |                         | X                                       | X                        |                          |                               |
| Chicken, Asian, Tangerine (Asian Food Solutions)               |                             |                               |                          | X                       | X                                       | X                        |                          |                               |
| Chicken, Asian, Orange, (Schwan)                               |                             |                               |                          | X                       | X                                       | X                        |                          |                               |
| Chicken, Asian, Sweet & Sour (Schwan)                          |                             |                               |                          | X                       | X                                       | X                        | X                        |                               |
| Chicken, Buffalo Style Sliced Breast (Old Neighborhood)        |                             |                               |                          |                         | Manufactured in facility that processes |                          |                          |                               |
| Chicken Fajita Strips, (Gold Kist Farms)                       |                             |                               | X                        | X                       |   |                          |                          |                               |
| Chicken, Hot & Spicy Filet Breaded, (Tyson)                    |                             |                               |                          | X                       | X                                       |                          |                          |                               |
| Chicken, Filet Breaded, (Tyson)                                |                             |                               |                          | X                       | X                                       |                          |                          |                               |
| Chicken, Hot & Spicy Breast Filet, Breaded (Tyson)             |                             |                               | X                        |                         | X                                       | X                        |                          |                               |
| Chicken, Hot & Spicy Chunks, Breaded (Perdue)                  |                             |                               |                          |                         | X                                       |                          |                          |                               |
| Chicken, Grilled Breast Fillet (Koch)                          |                             |                               |                          | X                       |   |                          |                          |                               |
| Chicken, Popcorn, (Tyson)                                      |                             |                               | X                        | X                       | X                                       |                          |                          |                               |
| Chicken, Pulled Dark & White Meat (Tyson)                      |                             |                               |                          |                         |   |                          |                          |                               |
| Chicken Taco Meat (Tyson)                                      |                             |                               |                          | X                       | X                                       |                          |                          |                               |
| Chicken, Wings, Steamed (Perdue)                               |                             |                               |                          |                         |   |                          |                          |                               |
| Chicken Free Strips, (Beyond Meat)                             |                             |                               |                          | X                       |   |                          |                          |                               |
| Corn Dog, Nuggets (House of Raeford)                           |                             |                               | X                        | X                       | X                                       | X                        |                          |                               |
| Fish Filet or Nuggets (Highliner Foods)                        |                             |                               | X                        | X                       | X                                       | X                        |                          |                               |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>  | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u>                | <u>Contains<br/>Soy</u>                 | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|--|-----------------------------|-------------------------------|---|---|---------------------------|--------------------------|--------------------------|-------------------------------|
| Fish & Chips Basket --Fish, Crinkle Cut Potatoes, Corn |                             |                               | X                                       | X                                       | X                         | X                        | X                        |                               |
| Black bean Burger, (Morning Star Farms)                |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Egg Patty (Cargill)                                    |                             |                               |   | X                                       |                           | X                        |                          |                               |
| Egg, Hard Boiled (Cargill)                             |                             |                               |   |   |                           | X                        |                          |                               |
| Ham (Hormel)   |                             |                               |   |   |                           |                          |                          |                               |
| Ham (USDA)   |                             |                               |   |   |                           |                          |                          |                               |
| Ham, cooked, sliced (Old Neighborhood)                 |                             |                               | May contain-processed on same equipment | May contain-processed on same equipment |                           |                          |                          |                               |
| Hot Dog, Turkey Beef Frank (Kunzler & Co)              |                             |                               |   |   |                           |                          |                          |                               |
| Macaroni & Cheese (Land-O-Lakes)                       |                             |                               | X                                       |   | X                         | X                        |                          |                               |
| Meatballs, Beef (Silver Springs Farms)                 |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Meatballs, Low Sodium (Rich's)                         |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Nachos w/ Chicken Taco Meat, Tostitos Rounds &         |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| PB&J Sandwich, Twin Pack(Advanced Pierre)              | X                           |                               |   | X                                       | X                         |                          |                          |                               |
| Pizza Bagel, WG Mini Cheese (Tasty Brands)             |                             |                               | X                                       | X                                       | X                         | *Equipment processes     |                          |                               |
| Pizza Bagel, WG Mini Turkey Pepperoni                  |                             |                               | X                                       | X                                       | X                         | *Equipment processes     |                          |                               |
| Pizza, Cheese (Big Daddy Primo)                        |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Turkey Pepperoni (Big Daddy Primo)              |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Stuffed Crust, (Bosco's)                        |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Cheese (Domino's)                               |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Galaxy Pepperoni (Tony's)                       |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Pepperoni (Domino's)                            |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pizza, Kick N Chicken (Domino's)                       |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Pork Chop, Breaded Shaped Pattie, Reduced Sodium (JTM) |                             |                               |   | X                                       | X                         |                          |                          |                               |
| Pretzel Dog, (Kunzler)                                 |                             |                               |   |   | X                         |                          |                          |                               |
| Salad, BLT (w/o dressing)                              |                             |                               | X                                       |   |                           |                          |                          |                               |
| Salad, Chef, Lettuce & Veggies Only w/o Dressing       |                             |                               |   |   |                           |                          |                          |                               |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>   | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u>                | <u>Contains<br/>Soy</u>                 | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|---|-----------------------------|-------------------------------|---|---|---------------------------|--------------------------|--------------------------|-------------------------------|
| * with Ham  |                             |                               | May contain-processed on same equipment | May contain-processed on same equipment |                           |                          |                          |                               |
| *with Egg   |                             |                               |   |   |                           | X                        |                          |                               |
| *with Cheese  |                             |                               | X                                       |   |                           |                          |                          |                               |
| *with Chicken, All Natural Pulled Dark & White Meat         |                             |                               |   |   |                           |                          |                          |                               |
| Salad, Chicken Caesar                                       |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Salad, Olive Garden-Style w/ Breaded Chicken Filet (Tyson)  |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Salad, Olive Garden-Style - no croutons, w/ Grilled Chicken |                             |                               | X                                       |   |                           |                          |                          |                               |
| Salad, Side   |                             |                               |   |   |                           |                          |                          |                               |
| Salad, Taco w/ Tostito Chips, Baked Shell, OR Fried Shell   |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Sandwich, Chicken Parmesan                                  |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Sandwich, Club  |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Sandwich, Ham & Cheese Sub                                  |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Sandwich, Meatball Sub                                      |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Sandwich, Pepperoni & Veggie Stromboli                      |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Spaghetti w/ Meatballs                                      |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Turkey, Sante Fe (Old Neighborhood)                         |                             |                               | May contain-processed on same equipment |   |                           |                          |                          |                               |
| Wrap, Buffalo Chicken                                       |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Wrap, Chicken Caesar  |                             |                               | X                                       | X                                       | X                         | X                        |                          |                               |
| Yogurt Parfait with Fruit                                   |                             |                               | X                                       | X                                       |                           |                          |                          |                               |
| <b><u>Grains/Breads</u></b>                                 |                             |                               |   |   |                           |                          |                          |                               |
| Bread, Slice, WG (Flowers)                                  |                             |                               |   | X                                       | X                         |                          |                          |                               |
| Breads Sticks, WG, Garlic (Bake Crafters)                   |                             |                               | X                                       | X                                       | X                         |                          |                          |                               |
| Chips, Tortilla, Crispy Rounds, (Tostitos)                  |                             |                               |   |   |                           |                          |                          |                               |
| Chow Mein Noodles (La Choy)                                 |                             |                               |   |   | X                         |                          |                          |                               |
| Crackers, WG Saltines (Lance)                               |                             |                               |   | X                                       | X                         |                          |                          |                               |
| English Muffin (Flowers Bakery)                             |                             |                               |   |   | X                         |                          |                          |                               |
| Flatbread (Rich's)  |                             |                               | X                                       | *May Contain                            | X                         |                          |                          |                               |

\*Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>  | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u> | <u>Contains<br/>Soy</u> | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u>                | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|--|-----------------------------|-------------------------------|--------------------------|-------------------------|---------------------------|---|--------------------------|-------------------------------|
| Granola, Bulk (General Mills)                      |                             |                               |                          | X                       |                           |   |                          |                               |
| Granola, Bulk (Kellogg's)                          |                             |                               |                          | X                       | X                         |   |                          |                               |
| Granola, Crunchy Clusters, 2 oz. pouch (Kellogg's) |                             |                               |                          | X                       | X                         |   |                          |                               |
| Muffin, Corn (Cool Muffins)                        |                             |                               | X                        | X                       | X                         | X                                       |                          |                               |
| Muffin, Corn (Sky Blue Bakery)                     |                             |                               | X                        | X                       | X                         | X                                       |                          |                               |
| Pancake, (Aunt Jemima)                             |                             |                               |                          | X                       | X                         | X                                       |                          |                               |
| Pasta, Whole Grain, (Barilla)                      |                             |                               |                          |                         | X                         | May contain-processed on same equipment |                          |                               |
| Rice, WG Brown, (Uncle Bens)                       |                             |                               |                          |                         |                           |   |                          |                               |
| Roll, Dinner, WG (Rich's)                          |                             |                               | *May Contain             | *May Contain            | X                         | *May Contain                            |                          |                               |
| Roll, Hamburger, WG (Hadley Farms)                 |                             |                               |                          | X                       | X                         |   |                          |                               |
| Roll, Hot Dog, WG (Hadley Farms)                   |                             |                               |                          | X                       | X                         |   |                          |                               |
| Roll, Hoagie/Sub, WG (Flowers)                     |                             |                               |                          |                         | X                         |   |                          |                               |
| Spaghetti, (Barilla)                               |                             |                               |                          |                         | X                         | May contain-processed on same equipment |                          |                               |
| Spaghetti 10", Ultra Grain                         |                             |                               |                          |                         | X                         | X                                       |                          |                               |
| Wrap, Whole Grain Yellow Chipotle, (Don Pancho)    |                             |                               |                          | X                       | X                         |   |                          |                               |
| Wrap, Whole Grain Tomato Basil (Don Pancho)        |                             |                               |                          | X                       | X                         |   |                          |                               |
| Wrap, Whole Grain Garlic & Herb, (Don Pancho)      |                             |                               |                          | X                       | X                         |   |                          |                               |
| Wrap, Whole Grain Honey Wheat, (Don Pancho)        |                             |                               |                          | X                       | X                         |   |                          |                               |
| <b><u>Sides</u></b>                                |                             |                               |                          |                         |                           |   |                          |                               |
| Apple Crisp  |                             |                               |                          | X                       | X                         |   |                          |                               |
| Baked Beans  |                             |                               |                          |                         |                           |   |                          |                               |
| Beans, Cajun Red                                   |                             |                               |                          |                         |                           |   |                          |                               |
| Beans, Refried                                     |                             |                               |                          |                         | X                         |   |                          |                               |
| Potato, Crinkle Cut, (McCain)                      |                             |                               |                          | X                       |                           |   |                          |                               |
| Potato, Fries, Shoestring, (McCain)                |                             |                               |                          | X                       |                           |   |                          |                               |
| Potato, Mashed, (Simplot)                          |                             |                               | X                        |                         |                           |   |                          |                               |
| Potato, Smiles, (McCain)                           |                             |                               |                          | X                       |                           |   |                          |                               |
| Potato, Tater Tots (Ore-Ida)                       |                             |                               |                          | X                       |                           |   |                          |                               |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>   | <u>Contains<br/>Peanuts</u>             | <u>Contains<br/>Tree Nuts</u>           | <u>Contains<br/>Milk</u> | <u>Contains<br/>Soy</u> | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|---|---|---|--------------------------|-------------------------|---------------------------|--------------------------|--------------------------|-------------------------------|
| Soup, Chicken Noodle (Block and Barrel)                     |   |   | X                        | X                       | X                         | X                        |                          |                               |
| Soup, Cream of Broccoli (Block and Barrel)                  |   |   | X                        | X                       | X                         |                          |                          |                               |
| Soup, Cream of Potato (Block and Barrel)                    |   |   | X                        | X                       | X                         |                          |                          |                               |
| Soup, Jambalaya with Chicken, Sausage, and Ham (Campbell's) |   |   | X                        | X                       | X                         |                          |                          |                               |
| Soup, Tomato, Canned (Campbell's)                           |   |   |                          |                         | X                         |                          |                          |                               |
| <b>Snacks</b>   |   |   |                          |                         |                           |                          |                          |                               |
| Cheetos, Oven Baked, Crunchy Cheese                         |   |   | X                        |                         |                           |                          |                          |                               |
| Cheetos, Oven Baked, Flamin Hot                             |   |   | X                        |                         |                           |                          |                          |                               |
| Cheetos, Flamin Hot Puffs, RF                               |   |   | X                        |                         |                           |                          |                          |                               |
| Cheez-It, Cheddar Loco, WG                                  |   |   | X                        | X                       | X                         |                          |                          |                               |
| Chips, Doritos, Nacho Cheese, Reduced Fat                   |   |   | X                        | *May Contain            | X                         |                          |                          |                               |
| Chips, Doritos, Cool Ranch, Reduced Fat                     |   |   | X                        |                         |                           |                          |                          |                               |
| Chips, Doritos Spicy Sweet Chili, Reduced Fat               |   |   |                          | X                       | X                         |                          |                          |                               |
| Chips, Baked Barbeque Flavored (Frito Lay)                  |   |   | X                        | X                       | X                         | X                        |                          |                               |
| Cookies: ALL Flavors (BenefIT)                              |   |   | X                        | X                       | X                         | X                        |                          |                               |
| Craisin, Strawberry   |   |   |                          |                         |                           |                          |                          |                               |
| Cupcake, Chocolate, (Super Bakery)                          | May contain-processed on same equipment | May contain-processed on same equipment | X                        | X                       | X                         | X                        |                          |                               |
| Cupcake, Vanilla, (Super Bakery)                            | May contain-processed on same equipment | May contain-processed on same equipment | X                        | X                       | X                         | X                        |                          |                               |
| Fruit Roll-up RS (Betty Crocker)                            |   |   |                          |                         |                           |                          |                          |                               |
| Popped Crisp, Honey BBQ (Kelloggs)                          |   |   | X                        | X                       | X                         |                          |                          |                               |
| Popped Crisp, Sour Cream and Onion (Kelloggs)               |   |   | X                        | X                       | X                         |                          |                          |                               |
| Pretzel Heartzels (Rold Gold)                               |   |   |                          |                         | X                         |                          |                          |                               |
| Pudding, Chocolate (Kozy Shack)                             |   |   | X                        |                         |                           |                          |                          |                               |
| Pudding, Vanilla (Kozy Shack)                               |   |   | X                        |                         |                           | X                        |                          |                               |
| Rice Krispies Treat, WG                                     |   |   | X                        | X                       |                           |                          |                          |                               |
| Scooby Snack, Fruit Snacks, General Mills                   |   |   |                          |                         |                           |                          |                          |                               |
| Sports Bites, Grahams, (MJM)                                |   |   |                          | X                       | X                         |                          |                          |                               |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes

# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>   | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u> | <u>Contains<br/>Soy</u> | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|---|-----------------------------|-------------------------------|--------------------------|-------------------------|---------------------------|--------------------------|--------------------------|-------------------------------|
| <b><u>Ice Cream</u></b>                                 |                             |                               |                          |                         |                           |                          |                          |                               |
| Chocolate Sundae Crunch Bar, (Cool Daze)                |                             |                               | X                        | X                       | X                         |                          |                          |                               |
| Rips 100% Juice Slush (Tropical Paradise)               |                             |                               |                          |                         |                           |                          |                          |                               |
| Fudge Bar   |                             |                               | X                        |                         |                           |                          |                          |                               |
| Ice Cream Sandwich, low fat, (Cool Daze)                |                             |                               | X                        | X                       | X                         |                          |                          |                               |
| Italian Ice, (Rosati)                                   |                             |                               |                          |                         |                           |                          |                          |                               |
| Strawberry Sundae Crunch Bar, (Cool Daze)               |                             |                               | X                        | X                       | X                         |                          |                          |                               |
| <b><u>Breakfast</u></b>                                 |                             |                               |                          |                         |                           |                          |                          |                               |
| Bacon, Turkey (Jennio-O)                                |                             |                               |                          |                         |                           |                          |                          |                               |
| Bacon, Turkey (Perdue)                                  |                             |                               |                          |                         |                           |                          |                          |                               |
| Cocoa Cherry Breakfast Bar (National Food Group)        | *May Contain                | *May Contain                  | *May Contain             | X                       | X                         | X                        |                          |                               |
| Breakfast Boat (The Max)                                |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Banana Bread/Zucchini Bread (Super Bakery)              |                             |                               |                          | X                       | X                         | X                        |                          |                               |
| Breakfast Bun, Goody's (Super Bakery)                   |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Breakfast Chicken on Croissant (Perdue and Hadley)      |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Breakfast Slider, Southwest Egg & Cheese (Schwan)       |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Cereal, Frosted Flakes, 2 oz. (Malt O Meal)             |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Cereal, Cinnamon Flakes, Multi Grain. 2 oz. (Kellogg's) |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Cereal, Cinnamon Toasters, 2 oz. (Malt O Meal)          |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Cereal, Frosted Flakes, Multi Grain. 2 oz. (Kellogg's)  |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Cereal, Honey Graham Squares, 2 oz. (Malt O Meal)       |                             |                               | X                        | X                       | X                         |                          |                          |                               |
| Cereal, Tutti Fruity, 1.5 oz (Malt o Meal)              |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Cheese, American, Red. Fat (Block & Barrel)             |                             |                               | X                        | X                       |                           |                          |                          |                               |
| Cheese, String, Light (Land O Lakes)                    |                             |                               | X                        |                         |                           |                          |                          |                               |
| Chicken, Breakfast Patty (Perdue/Clux Delux)            |                             |                               |                          |                         | X                         |                          |                          |                               |
| Cinnamon Swirl Roll (Rich's)                            |                             |                               | *May Contain             | *May Contain            | X                         | X                        |                          |                               |
| Croissant, (Hadley Farms)                               |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Egg Patty(Cargill)                                      |                             |                               |                          | X                       |                           | X                        |                          |                               |

\* Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes



# Food Allergen Information for Foods Served in VBCPS Cafeterias

Revised November 9, 2015

| <u>Item</u>   | <u>Contains<br/>Peanuts</u> | <u>Contains<br/>Tree Nuts</u> | <u>Contains<br/>Milk</u> | <u>Contains<br/>Soy</u> | <u>Contains<br/>Wheat</u> | <u>Contains<br/>Eggs</u> | <u>Contains<br/>Fish</u> | <u>Contains<br/>Shellfish</u> |
|---|-----------------------------|-------------------------------|--------------------------|-------------------------|---------------------------|--------------------------|--------------------------|-------------------------------|
| English Muffin (Flowers Bakery)                             |                             |                               |                          | X                       | X                         |                          |                          |                               |
| French Toast, Sticks (Bake)                                 |                             | *May                          | X                        | X                       | X                         | X                        |                          |                               |
| Graham Cracker, (MJM)                                       |                             |                               |                          |                         | X                         |                          |                          |                               |
| Granola, bulk (General Mills)                               |                             |                               |                          | X                       |                           |                          |                          |                               |
| Granola, Crunchy Clusters, 2 oz. pouch (Kellogg's)          |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Granola, Bulk (Kellogg's)                                   |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Oatmeal   |                             |                               |                          |                         | *May Contain              |                          |                          |                               |
| Pancakes, Mini, ( Eggo)                                     |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Pop Tarts, All Flavors (Kellogg's)                          |                             |                               |                          | X                       | X                         |                          |                          |                               |
| Sausage Patty, (Don Lee)                                    |                             |                               |                          |                         |                           |                          |                          |                               |
| Sausage Patty, (Jones)                                      |                             |                               |                          |                         |                           |                          |                          |                               |
| Sausage on Croissant  |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Sausage Egg & Cheese on Croissant                           |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Sunrise Sausage & Cheese Breakfast Sandwich (Don Lee Farms) |                             |                               | X                        | X                       | X                         |                          |                          |                               |
| Waffles, Mini (Eggo)  |                             |                               | X                        | X                       | X                         | X                        |                          |                               |
| Yogurt, 4 oz (Dannon)                                       |                             |                               | X                        |                         |                           |                          |                          |                               |
| Fruit and Yogurt Parfait                                    |                             |                               | X                        | X                       | X                         |                          |                          |                               |

\*Contains modified food starch which may include wheat

Disclaimer: The allergen information is based on product information sheets and ingredient labels from manufacturers. Variations may occur due to difference in suppliers, product and ingredient substitutions, and formulation changes