

Type:	Name:	Description:	Price:
App	Lickety Split	Musical timer that turns daily tasks into fun	\$0.99
App	Chore Monster	Makes chores fun by engaging and rewarding your kids	Free
App	iRewardChart	Chore tracker...winner of best parenting app	Free
Website	TherapyShoppe.com	Purchase timers, fidgets, etc.	N/A
App	Sandtimer	Digital sand timer	Free
App	ChoiceWorks	Visual support for choices and schedules that fosters emotional regulation and positive behaviors	\$6.99
App	ChoiceWorksCalendar	Picture based calendar	\$4.99
App	Wunderlist	Simple-to-use to do list	Free
App	BugMe!	Sticky note system for reminders	\$1.99
App	Focus Keeper	Work and study timer	Free or \$1.99
App	ThisForThat:Token Board	Token motivation system	Free
App	Token Board	Customized tool for kids to track goals and earn rewards	\$3.99
App	TokenBoardGO	Simple token board for parents	Free
App	FTVS (First Then Visual Schedule)	Create and use first/then visual schedules	\$14.99
App	MyTokenBoard	Customizable app to help motivate children to complete tasks	Free

App	CanPlan	Promotes independence and builds confidence by helping people with cognitive challenges complete tasks	Free
App	MyHomeworkStudentPlanner	Simple student planner	Free
App	Evernote	Personal organizer - Jot down notes, make to do lists, and much more	Free
App	abcNotes	Personal planner – to do, checklists, and sticky notes	Free/ \$2.99
App	TickTick	To do and task management system	Free
App	WeDo: Your Second Brain	Personal manager – Create and maintain positive daily, weekly, and monthly habits	Free
App	StopBreatheandThink	Meditation and relaxation app	Free
App	EmotionTouch	Aids in expressing oneself and taking concrete steps to relieve anxiety	Free
App	CalmCounter	Social story and visual/audio tool to help with calming down	\$2.99
App	Calm	2017 app of the year...#1 app for mindfulness and meditation (stories, sounds, breathing exercises)	Free
App	Touch-Emotions	Helps specifically with children who may have difficulty interpreting others' facial expressions	Free