

*Virginia Beach City Public Schools (VBCPS)  
The Office of Programs for Exceptional Children  
(OPEC)  
The Parent Support & Information Center (PSIC)*

***THANK YOU FOR THE OPPORTUNITY TO SERVE  
YOU!***



**VIRGINIA BEACH CITY PUBLIC SCHOOLS**  
CHARTING THE COURSE

# *My Story: Carol Blackwell*

## *Parent Support Liaison*

- ▶ Blessings
- ▶ Dreams, Goals, & Self-Determination
- ▶ Family, School, and Community Supports
- ▶ My goal to serve you
- ▶ Chartering the Course Together
- ▶ **Maya Angelou** — 'I've learned that **people will forget** what you said, **people will forget** what you did, but people will never forget how you made them feel.'
- ▶ "Be somebody that makes everybody feel like somebody!"

# VBCPS and the PSIC Websites

- ▶ <http://www.vbschools.com>
- ▶ <http://www.vbschools.com/curriculum/ParentSupportCtr>
- ▶ <http://www.vbschools.com/newvb>
- ▶ I've Got the POWER!

# POWER: Parent Organizer With Educational Resources



**POWER** provides parents and families with online resources to answer questions about child development, disabilities, community services, Special Education, diploma options in Virginia, and transition to life after high school. The questions and potential resources are separated into age levels: Early Childhood, Elementary School, Middle School, and High School.



This project is a collaborative effort between the Parent Resource Centers of Accomack, Chesapeake, Isle of Wright, Newport News, Suffolk, Williamsburg/James City, and Virginia Beach, and the Virginia Family Special Education Connection website- [www.vafamilysped.org](http://www.vafamilysped.org) (developed and maintained by the Kellar Institute for Human Disabilities at George Mason University).



# POWER



Parent Organizer  
With Educational  
Resources

[www.vafamilysped.org](http://www.vafamilysped.org)



# POWERapp: Parent Organizer With Educational Resources

*“I’ve Got the POWER!”*

## How to Access the POWERapp

- ▶ <http://www.vbschools.com/curriculum/ParentSupportCtr/content/pdfs/PowerTree.pdf>
- ▶ <http://vafamilysped.org/Content/docs/POWER-handout.pdf>
- ▶ Scan QR code

# Thank You!

- ▶ Questions
- ▶ Please help yourself to some of the resources available.
- ▶ Visit the Parent Resource and Information Center located at 1413 Laskin Road, Virginia Beach Virginia, 23451 (Please call for availability and appointments.)
- ▶ Let's meet at your child's school. Call or email Carol Blackwell, 757-263-2066, [Carol.Blackwell@vbschools.com](mailto:Carol.Blackwell@vbschools.com)

